HOSPICE WHANGANUI VOLUNTEER NEWS



NOVEMBER 2025 | #3



Kia ora koutou,

Recently we celebrated Margaret's incredible 30 years of service to Hospice Whanganui. Her commitment reminded me once again how vital our volunteers are to the expert care and wrap-around support we provide in our community.

Margaret's journey reflects the heart of volunteering – she's been a patient companion, gardener, lay chaplain, grief support person, floral arranger, and even the Friday-morning tea maker for our gardening team. Her service is a beautiful example of the many ways our volunteers give of themselves.

I want to thank each of you for the **countless hours you dedicate** to Hospice Whanganui. Without you, we simply could not provide the level of care our patients and their whānau need.

Since our last newsletter, we've come through a chilly winter and are looking forward to summer. Patient numbers remain steady at 80–100, with regular respite admissions into our IPU and occasional acute admissions for end-of-life or symptom management.

Our care team has been out in the community supporting patients and whānau, while our corporate team has kept the wheels turning behind the scenes — managing shops, volunteers, assets, finances, compliance, and ensuring, with your support, we meet the **\$2** million we need to raise each year to run our service.

One exciting development is the launch of our new *Hospice Whanganui Business Champions* programme, building sustainable partnerships with local businesses who want to support our mahi. (See the flyer in this newsletter for more details.)

Ngā mihi nui anō for everything you contribute to the Hospice Whanganui community.

- Helen

BE PART OF GOOD IN THE HOOD!

Hospice Whanganui has been chosen for

Z Energy's Good in the Hood 2025

- but only until 21 September!

Z Dublin St, you can grab an orange token. Pop it in the Hospice Whanganui box and you'll be helping bring comfort, dignity, and care to patients and their whānau right here in our community.

Whether you're filling up on fuel, or grabbing coffee or a snack, give Hospice Whanganui services a boost too and pop your token in the box to vote for us.

Help us share the story! We're building momentum on social media and would love to feature more of our own people. If you're out voting, please snap a quick photo or video and send it through - it makes a huge difference when the community sees familiar faces supporting Hospice Whanganui.

And don't forget to **reshare our Facebook posts** to spread the word even further.

Z Dublin Street - 14 Dublin Street
Buy ANYTHING by Saturday 21 September
and vote Hospice Whanganui with your token!

CURIOSITY CORNER

2025 World Happiness
Report study found around
70% of people globally
performed at least one kind
act in the past month.
Kindness boosts well-being
for both the giver and
receiver, improving mental
health, reducing stress, and
even increasing longevity.

No act of kindness, no matter how small, is ever wasted. – Aesop





JP's -Scott Flutey, Parekohatu Davis, Mark Anderson & Judge Broughton

PARE STEPS UP

Pare has been with Hospice nearly three years now but she has been volunteering for the Whanganui community much longer, now she's taken community service even further and she has become a Justice of the Peace.

Born in Wellington, Pare has lived in Whanganui for 40+ years, is married with 2 sons and a large step whānau, and while she's also spent time in Waverley and Australia since then, it's Whanganui she calls home. While raising her family, Pare has worked in a range of jobs including meatpacking, printing, retail and hospitality. For a few years she ran Waverley Traders, with that memorable American Graffiti mural on the side, sadly painted over when the shop was sold.

Pare's volunteering includes being in the Fire Police for the Waverley Volunteer Fire Brigade for 6 years, and for the past 5 years she's volunteered with Age Concern, delivering Meals on Wheels and teaching CarFit - helping older people adjust their cars for safer driving.

It has taken over a year for Pare to become a Justice of the Peace, a decision she made when she needed some documents witnessing and had a hard time finding a JP. The process begins with being nominated by an MP and supported by two community groups that she volunteers with (of course we supported her!) That is followed by interviews and training, with 100% required in the assessment, and following appointment by the Governor General, Pare was sworn in by a District Court Judge. Congratulations Pare and thank you for stepping up!



Pare at the bench



Sandi, Veronica, Pare & Kim

GLENN - HOSPICE NURSE AND EDUCATION COORDINATOR

Glenn hails from Hawke's Bay, but he has travelled and worked in Canada Australia. While living and Melbourne for 6 years, Glenn & his partner bought a little bit of land in Rangitikei, eventually returning to NZ in 2017 to nurse at Palmerston North Hospital. Throughout his nursing career Glenn has worked in x-ray, intensive care, on the wards and as a healthcare teacher. He is also a qualified painter and multi-skilled in all things practical, so for nearly 5 years he took a break from nursing and established his own handyman business. Then in 2024 he saw the vacancy advertised at Hospice and felt it was time to come back to nursing, 'I love nursing, I love caring for people, looking after people, and I really missed that'

'Right from day one I have loved what we do, every single day astounds me what we're able to do for people. It's not focused on task, it's focused on talking with people about the realities of what it is going to be like for them. A big part of what I do is to help with some of the fears, a lot of fear is driven by not knowing and we speak to them so that they can understand, regardless of where they've come from and what their background is, there's no point talking with people if they don't understand.'

Recently Glenn has also taken on the part-time role of Education Coordinator for Hospice, 'I'm really passionate about education and not just for medical staff but for anyone involved in our patient's care. I want to develop resources and provide people with tools they can use confidently out in the community.'

One of Glenn's long term education goals is to get out to remote communities with our Equity Coordinator and work with them to help patients understand what's going on with their health, and with their family members to show them how to access the services that are available to them, wherever they are. Hospice is looking at all the ways we can ensure that our patients who are living remotely still get the best care we can give them.

In a previous life Glenn has done his own share of volunteering, building houses with Habitat for Humanity in Nepal and helping to feed the poor with Mother Theresa's Mission in Kathmandu, 'That was an eyeopening experience!'

Whilst Glenn is back nursing again he hasn't hung up his tool belt, he is finally getting to build on that land he bought, making a 'forever home' to share with his partner and four year old son.





WELCOME TO OUR NEW STAFF

From left to right -

Ria, Communications & Marketing Coordinator Jennifer, Fundraising, Grants & Events Coordinator

Paul, Operations Support Bobbie, Executive Assistant

Nicole, Service Coordinator - not in this picture

As our communications coordinator Ria has been making sure that our volunteers are receiving all of the updates, feel free to reply directly to her on any emails she sends.

REMEMBERING JAN DEANS

9/09/1941 - 10/08/2025

Like many of our volunteers who have been personally touched by our work, Jan decided to volunteer for Hospice after her late husband Neville received our support back in 2014. When Jan found out that there was no cost for our services she decided to show her by becoming appreciation volunteer with what is now our Boutique Shop.

If you didn't meet Jan through her volunteering with us you may have come across her in some of her other roles in life - born and bred in she three Whanganui had daughters, was manager of Kmart for many years and was passionate lifetime member of the Labour Party. Jan loved genealogy and in particular her Scottish ancestry, her daughters were all Scottish Highland dancers and they travelled the country for competitions and displays.

Although Jan was a private person she enjoyed hosting a monthly social gathering for the Boutique volunteers in her home. Jan will be missed by all who knew her but especially our Boutique team, her many years supporting Hospice is very much appreciated.



HOSPICE WHANGANUI

Purchase Policy For Volunteers



The following process applies to volunteers if they wish to purchase items:

- Items are not priced 'in the moment' / 'on the spot'.
- Please inform your manager which item(s) you want to purchase, which they will then price. You will be able to collect and pay when next on shift.
- Volunteers cannot process their transactions. This must be done by the Shop Manager or someone delegated by them.
- Volunteers discount of 20% applies to items in the shop you volunteer in only (no discount on sale items).
- Maximum purchase is \$100 per transaction however you can return multiple times, again at a maximum of \$100.
- No appros. Goods are to be paid for before taking.
- If the item is over \$50, managers have the discretion to decide if it can be paid off or not (within one month.)

The policy applies to all 3 Hospice Shops.

Thank you for your continued support of Hospice Whanganui.





Thank you Margaret - 30 years volunteering with Hospice Whanganui

WELCOME!

We are happy to be welcoming so many new volunteers, it's great to have you with us -

Deni, Ben, Lachlan, Cole, Tamaiti, David R, Ruth, Kevin, Karin, Graeme, Sarah, Ashleigh, Chris, Sariah & Majesty

If anyone has friends or family interested in volunteering with us they can check out the Hospice website https://hospicewhanganui.org. nz/support-us/volunteeropportunities/
Or call Kisu 06 349 0080 x 246

ANNIVERSARIES

Thanks to our amazing volunteers who volunteer year after year to support our community,

June

Sandra Cockburn 2002
Cushla Deans 2004
Kim Randle 2010
Brian Deadman 2012
Trish Woon 2017
Juliana Chuang 2017
Jan Allpress 2018
Sue Barker 2021
Anna O'Leary 2021
Kirsty Kensington 2024
Simon Deane 2024

July

Laura Adams 1997 Gill Corbalis 2006 Bernadine Bourke 2014 Diane Atkinson 2018 Graeme Veale 2018 Linda Veale 2018 Barbara Smith 2021 Jeannie Hird 2024

August

Trevor Woon 2010
Dawn Fleury 2014
Marion Campbell 2015
Yvonne Brownlie 2017
Hester Vroon 2018
Diana Stephenson 2018
Joy McCrea 2019
Alwyn Healey 2021
David Woodridge 2023



HOSPICE WHANGANUI BUSINESS CHAMPIONS

We're excited to share a new initiative here at Hospice Whanganui - our Business Champions Programme.

Every year it costs around \$4 million to provide free, specialist palliative care for patients and their whānau. Only half of this comes from government funding, so we rely on the generosity of our community to keep our services running.

Do you know a business who'd love to stand alongside Hospice Whanganui? This programme gives local businesses the chance to stand alongside Hospice Whanganui in a more sustainable way. By becoming a Business Champion, they're not only helping us meet the \$2 million we need to raise each year, but they're also being recognised across our events and communications for the difference they're making.

Do you know a business that would love to be part of this?

Please feel free to share the flyer on the next pages, or let us know and we'll happily reach out for a korero.

In future newsletters we'll be showcasing our Champions, celebrating their commitment and highlighting the incredible support that's helping Hospice Whanganui to continue providing care, comfort, and dignity - free of charge - to patients and their whānau.

Ngā mihi nui for helping us spread the word.







Hospice Whanganui Business Champions

Making a difference together

We Get It—You're Asked All the Time

Businesses are constantly approached for donations and support. We understand the pressure, the juggling, and the need to choose wisely. That's why Hospice Whanganui is offering a more exclusive and intentional opportunity—so your business can simplify its giving, focus on impact, and stand out for it.

Why Hospice?

We deliver 24/7 free, compassionate palliative care to patients and families—wherever they choose to be. Our service is personalised, holistic, and only 50% government-funded, meaning we rely on local support to keep our services running.

It costs \$4 million annually to run Hospice Whanganui. Your support helps make that possible.





Tailored Tiers. Tangible Impact. We've designed donation options to fit your values, budget, and desire for visibility. Each level receives formal recognition and our heartfelt thanks.

Let's Simplify Giving —Together

Join us as a Business Champion and help ensure that Whanganui families continue to receive exceptional, free end-of-life care. One partnership. One charity. Big impact.

More than a logo

We don't just take — we partner. Our donors are celebrated and seen. Your generosity is recognised across platforms and events, helping you build brand goodwill while making a real difference.

Tier	Contribution	Recognition
Bronze	\$500 – \$1,000	 Website listing and newsletter acknowledgement Framed certificate and personal thank-you
Silver	\$1,001 - \$5,000	All Bronze benefitsLogo displayed at events and within our facilityRecognition on social media
Gold	\$5,001 - \$10,000	All Silver benefitsAcknowledgement in media releases and press outreach
Platinum	\$10,000 +	All Gold benefitsVIP tour and opportunity for brand- aligned donations
Custom	TBD	Let's discuss how we can work together and support your business, as you support Hospice.