



Kowhai is said to symbolise personal growth and the Huia symbolises leadership and mana that fill our kete of knowledge.

The Huia is a precious taonga that is no longer in this world. It is now a spiritual being that takes flight with our wairua on the journey home.

Artist - Ngahina Gardiner



# YOUR HOSPICE Thanganii STRATEGIC PRIORITIES, VALUES

At Hospice Whanganui our *VISION* is to be a vibrant, sustainable, professional and specialist palliative care service, highly valued across the community.

Our **STRATEGIC PRIORITIES** are grouped into five categories:

#### **DELIVERING A QUALITY SERVICE**

We have a relentless pursuit to provide consistently excellent, equitable, 24/7, holistic support to our patients and their whānau wherever they are, and whenever they need us.

#### STRENGTHENING OUR RELATIONSHIPS

We are committed to being a trusted, professional and valued partner in the health sector, and to provide timely support and education to other providers in palliative care.

#### **CULTIVATING A VIBRANT WORKFORCE**

We want to be an employer known for a commitment to our values in everything we do, to have a highly skilled, vibrant and aspirational workforce.

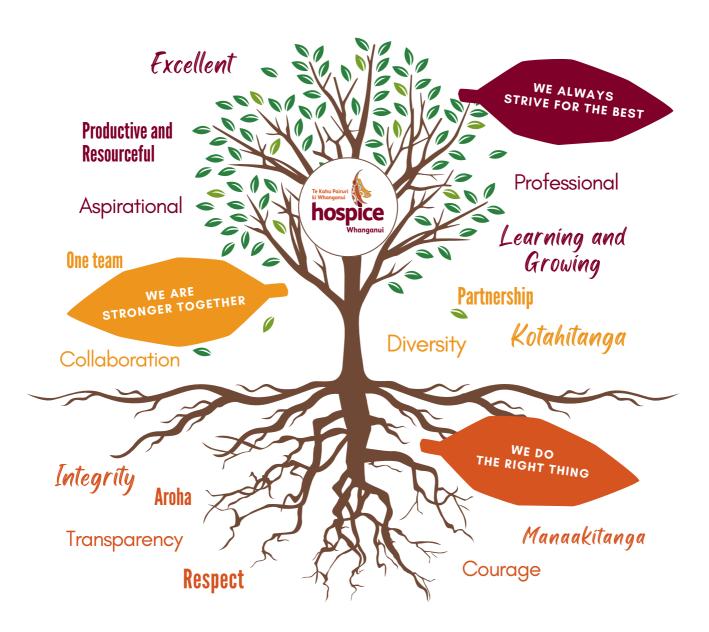
#### **OPTIMISING OUR RESOURCES**

We steward our resources wisely and prudently, investing them in areas where we can have greatest impact, and maximising our efficiencies.

#### **MAXIMISING OUR FUNDING**

We are committed to being a 'partner of choice' for our current and potential funders and to maximise our revenue streams to ensure sustainability of our service for the future.

**OUR VALUES** are depicted in the form of a tree. A tree represents growth and life and a sense of "giving". It has both strength and a sense of safety and peacefulness. A healthy tree is grounded by unmovable roots which give rise to a strong trunk that in turn extends into far-reaching branches.



The **ROOTS** represent our unshakeable principles, essential to a healthy foundation upon which we can build. This speaks to the values of Integrity, Aroha and Manaakitanga.

The **TRUNK** represents our team, the importance of working as 'One', of supporting each other and being united in our vision and purpose. It also speaks of our openness to partnering with others. It speaks to our values of 'One Team', Kotahitanga, Partnership and Diversity.

The **BRANCHES** represent the expression of excellence as a result of a strong foundation and a united team. When we work together and grow together, we can achieve great things. It speaks of the values of Excellence, Professionalism and Aspiration.



#### **CEO & CHAIRPERSON REPORT**

It is our pleasure to deliver this Annual Report to the Whanganui Community for the 2022/23 financial year.

Over this time our team have served almost 400 patients and a similar number of whānau. On any given day our service will deliver palliative care to around 120 patients and we continue to see demand on our services grow year on year.

What we are also seeing is more acute cases, multiple complexities for patients and their whānau and an urgent need to provide a 24/7 wrap-around service for patients in the community to ensure they are supported, safe and well cared for at all times.

This has challenged us as a Board and Management to think and re-think our service model, our staffing structure and our budgets to ensure we are well positioned to sustain this continued growth.

We have worked hard over the last 12 months to build a service that is able to respond swiftly at any time of the day or night to support our patients and their families. We want to be guided by the wishes of our patients and whānau and to offer a relentlessly excellent service wherever and whenever they need us.

In practice, we have evolved as a service to focus our efforts on caring for patients and whānau in their own chosen place of residence. Whether they live in town, alongside the awa, in the Waimarino, or in any of our other rural areas around Whanganui, we will bring our service to them. This applies equally to people who live in residential care facilities.

Where our patients have a need for a short-term admission to our small in-patient facility, we can also facilitate that.

One of the cornerstones of our strategic plan was the development of key partnerships and relationships with other organisations who are integral to the service that patients and whānau receive on their palliative journey.

We want to extend our heartfelt thanks to all of the amazing providers that we work closely with on a daily basis to coordinate care for our patients. This includes GP teams, Māori/Iwi providers, pharmacies, resthomes, St John's ambulance, Health Care Agencies, Te Whatu Ora Whanganui, our district and rural nursing teams, the Whanganui Regional Health Network and the National Hauora Coalition.

We thank our incredible team at Hospice Whanganui who cover so much ground every week, whether they are on the phones, out and about in patients' homes, providing training and support to other health providers or supporting all the non-clinical operations needed to keep this service running smoothly. We are immensely proud of them for their commitment to bringing excellence to all aspects of their work and relationships. Their passion for palliative care shines through and touches the lives of hundreds of people in our community every year.

We want to say a special thank you to our retail teams – paid and volunteer staff – who have worked so hard to keep our three amazing shops running and flourishing. Our retail funding remains critical to the ongoing financial viability of Hospice and we are so thankful for their amazing mahi.

To all our other volunteers who serve in so many ways, whether in the garden, at reception or at events, we appreciate you all and love having you as part of our team.

TO ALL OF OUR STEADFAST AND GENEROUS SUPPORTERS, WE GIVE OUR DEEPEST THANKS AND APPRECIATION. TO EVERYONE IN OUR COMMUNITY WHO HAS MADE A DONATION OR A BEQUEST TO OUR ORGANISATION OVER THIS PAST YEAR, WE SAY A HUGE THANK YOU. IT MAKES A TANGIBLE DIFFERENCE.

To the Hospice Whanganui Foundation, as well as our Farming Friends of Hospice, who support us with running capital every month, thank you for continuing to stand with us.

To the amazing corporate and community donors who have partnered with us this year to run events, we are indebted to you all. We give a special shout-out to Mitre 10, Harcourts and Farmers for your ongoing support of Hospice.



From a budget perspective, we have driven important efficiencies to ensure the long-term viability of the organisation. While we had a positive outturn in this financial year due in part to some recruitment delays, we are still faced with a budgeted deficit in the coming year, due to the ever-increasing cost of goods and services. However, we are confident that our resources are targeted in the right place and achieving the right outcomes. We are delighted to have been able to give our nursing teams a well-deserved boost in pay following an announcement by the Government to improve the pay of non-Government nurses this year.

As a Board we are in the process of developing and finalising our new strategy to guide the organisation for the next 3-5 years. Our focus will continue to be the relentless pursuit of excellence in service delivery for all patients and whānau, to provide an equitable, accessible and responsive palliative care experience, and to work closely with our partners to support patients and their whānau – where the goals and aspirations of patients sit at the heart of what we deliver.

Of course, in these difficult financial times we continue to challenge ourselves to innovate, to do more with less and to advocate for more equitable and predictable funding on behalf of our patients and our community. This has always been the challenge for Hospices – but especially so for rural and provincial services who therefore have to rely so heavily on the support and generosity of their community.

Over the next 12 months we will continue to develop, build and nurture new partnerships with Māori and rural communities, to undertake research and analysis to better understand the needs of the community and to expand our offerings to support patients and whānau.

During this year's AGM we also thank our Chair, Andrew Zimmerman who has served Hospice in that volunteer role for 10 years. He has given generously of his time, expertise and aroha to lead this organisation. He will transition to the deputy Chair role this year and we are deeply grateful to him for everything he has done and given to this organisation and community during his tenure so far.



## DID YOU KNOW... at Hospice Mangani

Our Nurses and Health-Care Assistants work until 10pm every night, 7 days a week in the community, visiting and caring for patients and whānau in their homes.

We have a registered nurse and a doctor on-call throughout the night, 365 days of the year so our patients are never without support.

We have a partnership with St John's Ambulance who can also provide timely support throughout the night to all Hospice patients.

Our team will care for patients wherever they choose to be. This is most often in their own homes, or rest home facility, but whether people live in rural or urban areas, we will come to them.

Our In-Patient Unit is available for patients who express a wish and a need to be there for a short-term stay and welcome patients to talk to us about this option.

We have grown our Whānau Support Team to ensure that whānau are well supported before and after the death of their loved one.

We have a new partnership with most of the GP teams in Whanganui which enables palliative patients to receive timely care from their GPs free of charge.

We provide programmes for patients and whānau to come together to learn about palliative care, ask questions, to socialise, talk about things that are important to them or just to spend some time having fun together.



## A YEAR AT A GLANCE 2022-2023

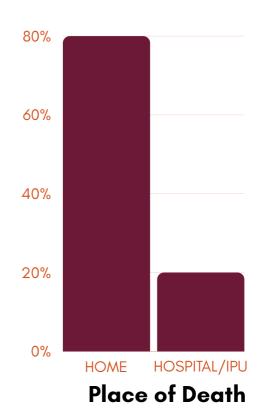
#### STATEMENT OF SERVICE PERFORMANCE

Hospice Whanganui is the primary provider of specialist palliative care and education for the Whanganui, Waimarino, Taranaki and Western Rangitikei districts. We provide compassionate care to terminally ill patients and their whānau in patient homes and in care facilities as well as in our inpatient unit (IPU).

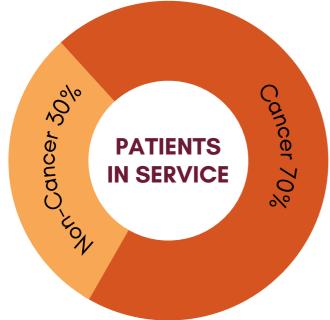
Hospice Whanganui uses the practice model Te Whare Tapa Whā – the four pillars of human wellness - a crucial understanding in the provision of best quality palliative care. In line with this model, Hospice Whanganui delivers patient-led, community-focused, specialist palliative care to over 100 patients at any one time.

Our free 24/7 services include specialist medical care, whānau support, spiritual support, specialist nursing and hands-on end-of-life care as well as a range of group programs aimed at supporting patients and their whānau both during illness and in bereavement.

The following infographics provide a summary of the services and statistics during the reporting period 1/7/22-30/6/23.







16% RURAL PATIENTS IN SERVICE

22% MĀORI PATIENTS IN SERVICE

44% FEMALE 56% MALE PATIENTS IN SERVICE

18% PATIENTS UNDER 65 YEARS

#### **FINANCIAL AUDIT**

Hospice Whanganui passed its annual financial audit without any material findings.

#### **CERTIFICATION AUDIT**

Hospice Whanganui passed its surveillance certification audit with zero findings and no corrective actions.





## 20,989 VOLUNTEER HOURS WORKED

122
TOTAL
VOLUNTEERS

20 NEW VOLUNTEERS

Total Donations & Fundraising

\$354,425



3.5 MONTHS AVERAGE TIME PATIENTS SPENT IN HOSPICE SERVICE

30 AVERAGE NUMBER OF PATIENT / WHĀNAU INTERACTIONS PER DAY

288 NUMBER OF WHĀNAU SUPPORTED BEFORE/AFTER DEATH OF A LOVED ONE

## **SOCIAL MEDIA**

**2,247** Followers

**2,131** Likes

**146** Posts

**91,871** Reach





PATIENT & WHĀNAU PROGRAMMES OFFERED

83 NUMBER OF PARTICIPANTS IN PROGRAMMES

## TRAINING

External Clinicians trained by Hospice



95

\$60,000 donated by 'Farming Friends of Hospice'





## CLINICAL SERVICES REPORT

As I celebrate my two-year anniversary at HW, I also reflect on this past year, which in many ways can be described as a year of growing and innovating, here at Hospice Whanganui.

It's with much pride and deep gratitude for our incredibly talented and committed Clinical Team that I summarise some of our highlights.

Over the past year, we have seen unprecedented growth in our patient numbers. We have had almost 300 new referrals in the 12-month period and cared for almost 380 patients in total. In addition to that, we have provided support and care for close to 400 whānau of those patients. This included supporting them in caring for their loved one, and in their grief following the death of their loved one.

This is almost a 30% increase on patient numbers from the previous year. Recognising the rapidly growing demand for Hospice services, we are relentless in our commitment to growing a team that will continue to provide an excellent, responsive, and equitable service for all our whānau across Whanganui for years to come.

We have worked hard this year to make changes to our service to enable us to respond quickly to our patients and whanau and to provide a service that honours what is important to them

What makes Hospice so special is that we are dedicated to providing truly holistic care to meet the physical, emotional, spiritual and whānau needs of our patients.

We believe that the wellbeing of both our patients and their families is important, and we have an amazing team of specialists across various disciplines that wrap around our patients and families whenever they need us. This includes a team of 8 Health-Care Assistants, 10 Registered Nurses, a team of 4 Medical Officers and Nurse Practitioners, and 4 Whānau Support practitioners.

We have worked hard this year to make changes to our service to enable us to respond quickly to our patients and whānau and to provide a service that honours what is important to them. We are committed to being a service that is guided by the wishes of our patients, and to be sensitive and able to respond to diverse cultural needs, particularly those of our Māori and Pasifika people.

Photo: Whānau Support Service

We have had over 10,000 interactions with our patients this year, equating to over 30 interactions per day. Of these, almost 4,000 were in-person visits to the homes of our patients and families. Whether our patients live remotely, rurally or in the city, in their own or rented homes, in a rest home facility or hospital ward, we are committed to bringing our services to them, whenever they need us.

Our team now works in the community from 7.30am in the morning until 10pm at night, 7 days a week, 365 days a year, and we have a nurse and a doctor on-call every night of the year.

We have been delighted and humbled by the amazing feedback from our patients and families about how much they value the 24/7 service that Hospice provides, as this is what makes them feel safe at all times of the day and night.

An innovation we are particularly proud of this year is the implementation of our Palliative Care Partnership with GP practices in Whanganui. This Partnership, funded by Te Whatu Ora Whanganui, has enabled us to design a specific training programme for GPs in palliative care and to enable them, once trained, to provide free palliative care to their patients.

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This has made a huge difference in building palliative care capacity and understanding across our primary health sector and removing any financial barriers to patients who need to access health care from their GP when they have a palliative diagnosis. We have trained over 100 clinicians in this programme over the year and around 160 patients have benefited from free palliative care services from their GP team over this time.

Another new partnership we have built is with St John's Ambulance, where we provide training and support to them in caring for Hospice patients, after-hours in their homes, when there is a need. Our clinical team ensures that there is a pack in the home of any 'at risk' patient, containing the necessary medications, equipment, and management plan for any potential symptom crisis. The St John's crew know to contact our team if they are called out to one of our patients, so that we can manage any such crisis collaboratively and avoid unnecessary hospitalisation. This has been hugely welcomed by the team at St John's, who now feel more empowered to safely manage patients at home.

Our relationship with local aged residential care facilities has also gone from strength to strength, and we have been able to provide support and training to their teams when they have needed us. These teams do a fantastic job caring for palliative patients and we are proud to partner with them.

This is also true of our relationship with the District Nursing teams and we work hard to coordinate with the district nurses to ensure the patient receives the care they need, regardless of who turns up at their front door.

Now that COVID lockdowns are a thing of the past, we have also been really pleased to start offering a range of programmes to our patients and whānau, such as bereavement morning teas, a training programme dedicated to supporting family carers, a biography service, and a day programme giving patients and their whānau a chance to have time out, engage in activities and connect with others. We look forward to expanding these programmes further in the coming year.

I want to conclude by expressing my tremendous and heart-felt appreciation for the relentless dedication, skill, and quality with which our team undertakes their mahi every day. I am absolutely humbled by their resourcefulness, responsiveness, and ability to solve the most complex problems on a daily basis. Their professionalism and commitment to doing the best for our patients and their whānau is inspiring and I thank each and every one of them.

"TO OUR PATIENTS, PAST AND PRESENT, ALL THEIR WHĀNAU AND THOSE WHO HAVE LOST SOMEONE THIS YEAR - THANK YOU FOR GRACIOUSLY ALLOWING US TO JOURNEY WITH YOU. IT REMAINS A DEEP AND GREAT PRIVILEGE TO BE A PART OF THAT JOURNEY AND WE WILL CONTINUE TO GROW AND LEARN FROM YOUR EXPERIENCES"

To all our financial supporters – big or small – you make this service possible. We often worry about how we will sustain such a fast-growing service and the need to constantly grow and expand our team. But the generosity of the Whanganui community truly blows me away and, on behalf of our clinical teams, we want to extend a very deep and sincere thank you to you all.

And finally, to our patients, past and present, all their whānau and those who have lost someone this year - thank you for graciously allowing us to journey with you. It remains a deep and great privilege to be a part of that journey and we will continue to grow and learn from your experiences.

Ngā mihi nui ki a koutou.

KIM ELAND
Director
Integrated Services



## CLINICAL PROFILES Meet the team



DR LIBBY SAMPEY

Dr Libby Sampey joins us all the way from Scotland! She trained as a doctor in Edinburgh specialising in palliative care. She explains that in the Scottish medical training system you spend two years on rotation doing four months blocks working in different areas of medicine before graduating, and one of these rotations was working at Hospice. When she graduated she decided she wanted a bit of a change and an adventure, the opportunity to live abroad and experience a different health care system. She saw the opportunity to come to New Zealand and say's "Whanganui and the job are way above my expectations." She see's the Whanganui experience lasting a long time. She will also use the opportunity to continue training with Whanganui Hospital and gain more experience.

Libby not only brings an absolute passion for palliative care, but also a dedication to ongoing research, education and innovation in end-of-life care.

Abbie spent 6 years working in aged care before she came to Hospice Whanganui and has now been here for almost 5 years.

Abbie says that working at Hospice is truly a privilege "Meeting patients and their families, talking with them, having difficult conversations, being there with them when a loved one is dying or has passed away is at times very humbling and I feel honoured to be a small part of their lives to make a difference, no matter how big or small.

Abbie enjoys the way in which she is able to care for her patients "We work very holistically and focus not just on the physical symptoms, but what is going on for them within their family, spiritually and emotionally as all these aspects of a patient's life are important. I love how our small but amazing team work so well together and always have the patient and their family at the centre of all we do!"



ABBIE PRIEST REGISTERED NURSE



Emma came to Hospice Whanganui from the Critical Care Unit at the Whanganui Hospital, and has been working as a Nurse here for over one year now.

"I love it: I absolutely love Hospice," she says. "It's the people, the environment, and you're so autonomous, so I can nurse how I want. I can assess people in their own home, see what needs to be treated ... it's not so structured." Emma says that gives her the time she needs to be thorough, however long it takes. "It's all patient-focused. It's about the family and the patients." She has been nursing for about 12 years, having studied at UCOL.

She says it's very different from her role at Whanganui Hospital's Critical Care Unit and she would encourage other nurses to "come and jump on our little waka".

"It's a specialised job and it definitely takes a special sort of person to be a Hospice nurse. You have to be settled with death and with

the process and how that looks. It's important that people have nice, peaceful deaths."

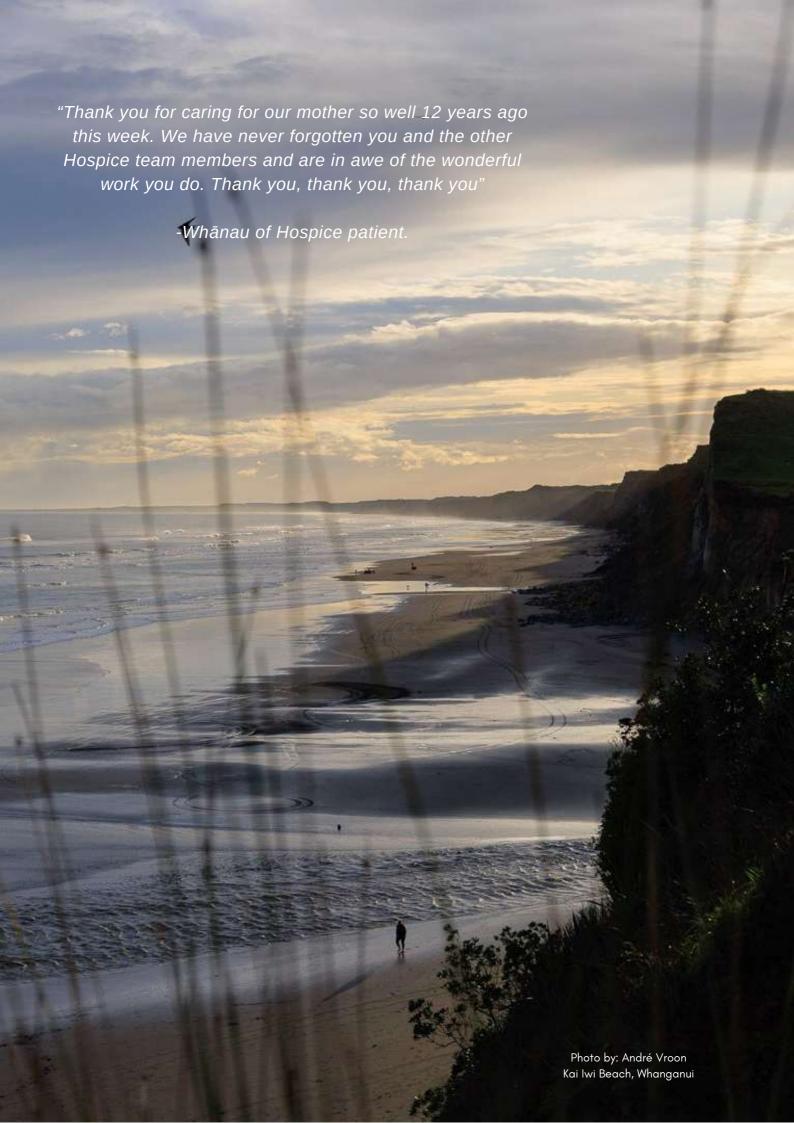
Meet Emma

She says in her role at Hospice she builds intense relationships quickly, with patients and with their families. "Because you're having these massive conversations, you're asking them really big questions, like, where would you like to die? At home? In Hospice? It can be confronting if you're not used to that communication."

"I'M NOT FIXING ANYMORE: I'M RIDING WITH THEM ON THEIR JOURNEY, AND IT'S QUITE AMAZING TO BE PART OF IT."

Emma says many people need to have ticked off all their "to do" boxes before they go, and as well as nursing them, her job is to help them achieve things they need to do before passing, like making peace with a family member, for example.

"You'll never get this kind of nursing anywhere else. It's a different kind of nursing," says Emma. "It's fulfilling."





Frances Brown has seen Hospice care for many people. This year her husband Martin was cared for by Hospice and passed away on his 74th birthday in the comfort of his home.

"One of the misconceptions is that Hospice is a sad place" says Frances. "Hospice is anything but, with staff being friendly and going above and beyond to help its patients."

Frances says staff supported both Martin and her through Martin's cancer journey.

"THEY HELPED MARTIN WITH PHYSICAL, MORAL, SPIRITUAL AND EMOTIONAL SUPPORT AND ALSO HELPED ME AND OUR FAMILY. I BELIEVE IN HOSPICE, AND MY HUSBAND BELIEVED IN HOSPICE. THEY HONOURED MARTIN RIGHT TO THE END AND ARE CONTINUING TO LOOK AFTER ME. IT MEANS A LOT."

"I felt that the nurses that came out to our home went over and above, without fail. They felt more like friends, they really cared about all of us in the situation. Doctor Simon was marvellous and very witty. He told me, 'Once you're a nurse, you are always a nurse.' I felt like I was listened to and my opinion was respected."

Frances says her late husband joined the RNZ Navy at 21 years old in 1970. "He went to Vietnam as a member of the Combined Services Medical Team. He was a Navy doc and he was the only medically trained person on board. Martin worked in a civilian hospital in a village called Bon Song. At times he was on duty for 24 hours. There was a US hospital in the next village. The US and the Kiwis helped each other and the US gave them equipment."

Frances has become an active supporter of our Hospice. She has signed on to join our team of incredible volunteers and also so generously donated an ophthalmoscope from Martin's time in Vietnam for the Hospice Whanganui Auction.

"I want Hospice care to continue for many years to come, so if by donating this item will help enable them to do so, I'm grateful' . It's a historic memory of a terrible time when good men helped others when they could. I am proud to say my husband Martin Brown was one of them."

Since Martin passed earlier in the year,
Frances says she is well supported by her boys
and Hospice. "Since Martin passed, the people
at Hospice have been there for me and my
boys. Especially Nelda. Her wonderful smile
and her great faith have helped me through
many a dark moment. Just the little texts and
calls to let you know, you're not alone. Thank
you for being there."



#### MELISSA GUY - WHĀNAU NAVIGATOR

My background is around the intersections of psychology and health with a burgeoning interest in palliative care, grief and spirituality. In addition, I advocate for the positive effects on people's wellbeing when they connect with nature, animals, and creativity. I am currently undertaking postgraduate psychology study through Massey University where my research focuses on eco-psychology, music, indigenous perspectives, and spirituality.

"I AM OFTEN AMAZED AT HOW FAR OUR TEAM WILL STRETCH AND WORK IN WITH MULTIPLE OTHER AGENCIES, PROVIDING TAILORED CARE TO ENSURE OUR PEOPLE ARE SUPPORTED IN FULFILLING THEIR GOALS".

stretch and work in with multiple other agencies, providing tailored care ensure our people are supported in fulfilling their goals.

From a psychology perspective, I appreciate this holistic view of care and enjoy not looking for labels but rather work on goals which provide comfort and reduce distress at end of life. This valuing of individuals and dignity of care is a huge reason why I choose to work for Hospice.

The refreshing thing about working at Hospice is that in our death-denying society, we have real conversations about death and dying which, ironically, often end up celebrating the varied and interesting lives of our people we care for. In our Whānau Support Team consisting of two chaplains, a social worker and myself - we have many heart-warming discussions about life! Our whole organisation is filled with amazing staff who work here for love. Being able to work in Hospice, it is a privilege doing this unique life-affirming work with our patients and their whānau.





#### **FUNDRAISING REPORT**

The impacts of COVID were still lingering in 2022, however, our fabulous team successfully hosted a number of events and engaged in a number of community activities despite the challenges.

Hospice Whanganui is extremely grateful for the continued and generous support of all our donors. We would like to thank our dedicated regular donors, everyone who supported our appeals, those who attended our events, businesses and organisations who sponsored us or donated, our wonderful volunteers and those who have remembered Hospice Whanganui in their Will. We also acknowledge the ongoing support of Te Whatu Ora.

There have been many individuals and groups from our community who have raised funds. The funds have been for us to purchase equipment as well as supporting us to continue the vital work we do on a daily basis.

Our rural community fundraisers, 'Farming Friends' have run a hugely successful grazing scheme for Hospice since 2005. Each year our Farming Friends raise a whopping \$60,000!

Our friends at Mitre10 held a successful Ladies' Night fundraiser raising \$17,500 for Hospice Whanganui. The money was raised from tickets, a trailer-filled-with-products raffle and a creative cake auction.

Our local Farmers store over the Christmas period motivated shoppers to purchase the annual Christmas bauble or make a donation in exchange for placing a heartfelt message onto the Farmers Tree which raised \$10,412. At the end of the Christmas campaign the messages from the tree were removed and then buried under the remembrance tree in the gardens at Hospice Whanganui.

We are honored to have been the charity of choice for many events throughout the year including; The Comedy Gala, River City Park Up, Quiz Nights at Metro Club, Festival of Cultural Unity, the Schola Sacra Choir, Z Station's Good in the Hood and Whanganui Collegiate's Charity Week (Grey House).

It was pretty special to see the youth in our community showing so much enthusiasm and commitment towards fundraising. The students at Collegiates' Grey House raised over \$6,000 in one week for Hospice Whanganui!

In addition to our major sponsors Mitre10 and Harcourts, other local business supporters for 2022-2023 included Axim, The Baking Bitches, McCarthy Transport, Grumpy Old Men, Dave Hoskin Carrier, CME Electricians, the Mad Butcher, Foxton Fish'n'Chippery, Whanganui River Honey, Orange Cafe, Mud Ducks Cafe, and Posh Comfort.

Our first major fundraiser of the year was The Bluebeat Disco held at the Whanganui Racecourse. Our Gold Sponsors, Harcourts Whanganui teamed up with us to bring back the 80's with a night of music and fun. We raised \$5,894 from the event.

The annual appeal for Hospice took place in May during Hospice Awareness Week. Fundraising activities for the week included four locations set up for our street appeal, 50% off storewide across all three of our shops, a Pop Up Thrift Market and a Hospice Quiz Night hosted by Club Metro.

We wrapped up our year of events with the River City Christmas Night Market and Street Food Festival where all proceeds were donated to Whanganui Hospice. The markets were supported by around 200 stall holders and attended by over 2,000 members of the community raising \$20,530. The Hospice Whanganui stall hosted the annual Christmas raffle which was extremely popular thanks to a very generous donation of glass artwork by David Traub. The raffle raised \$984.

We would like to say a heartfelt thank you to all who have supported us this year. Together with our community, we can continue to provide support and care to patients and their families when they need it most.

RENAE KILMISTER Fundraising and Communications



Photos top-bottom:
Gearing up for the Bluebeat Disco sponsored by Harcourts.
Busy crowd at the 2022 Mitre10 Ladies Night



#### IN THE MEDIA

The Whanganui Community have shown major support to Hospice online via our Facebook this year. A few of the key social media campaigns that received the most interaction and audience reach were:

- Hospice Awareness Week Campaign
- Faces of Hospice (Staff and board profiles)
- Pop up Thrift Shop events
- Bluebeat Disco promotion
- Christmas Markets daily giveaway campaign

There were 18 articles featured in the news online across 3 different news sites: Whanganui Chronicle, Rivercity Press and Whanganui Midweek, which means we featured in the news 1-2 times per month.

Thanks to our local media's support and keen interest in our activities we were able to promote and share our initiatives and achievements beyond our local community and more broadly across the country.





#### RETAIL REPORT

The 22/23 trading year has seen many positive outcomes including the appointment of the Retail Coordinator role which will allow Hospice to have a dedicated person to focus on the retail aspect of the fundraising strategy.

The contributions that our retail group make towards the funding gap of providing our palliative care services cannot be underestimated. Approximately 70% of all our community fundraising is now achieved from our Hospice Shop sales each year and there is potential to generate even more income from generous donations given to our stores every day.

We have been developing the use of social media to market our shops and their services and to be able to promote more effectively some of the unique and unusual items we get donated for resale. Our online sales have continued to develop and help us reach a wider audience than our Whanganui based shoppers. The use of online selling will be a strong focus for 2023 as will create opportunities for our shops to engage with consumers and our community in different ways.

Our retail group is only as strong as the people within it and we would like to thank and acknowledge our employed staff and volunteers who have been so outstanding in their enthusiasm and dedication to our work and are such a great asset to our communities through all they do for us. The people of Whanganui are incredibly supportive of our three shops and we value the commitment of our community's help to sustain our work into the future.

TO EVERYONE WHO HAS
DONATED OR SHOPPED, YOUR
CONTRIBUTION GOES A
LONG WAY. THANK YOU!

#### **Visit one of our Hospice Shops:**

Hospice Boutique, 171 Victoria Avenue Gonville Hospice Shop, 73 Tawa Street Whanganui East Hospice Shop, 74 Duncan Street



#### **KELLY SCARROW** RETAIL COORDINATOR

My name is Kelly Scarrow, I am proudly Whanganui born and bred. I have a blended family of 6 children and I have recently become a nana.

My working life has always had a community driven perspective, working in lots of community organisations primarily in Whanganui but also Dunedin and Auckland. I believe that a sense of belonging to place / space is important, it can support people through hardships and help celebrate triumphs in life. Whanganui is a wonderful community and has many, many communities within it, giving it vibrancy, inclusiveness and aroha to people who potentially struggle to find that within their own whānau or community.

medication would provide him a pain free and dignified ending.

A couple of months after dad's respite, he checked in again and soon after he went to be with mum, to have a shandy in a higher place. Those final few weeks with dad under Hospice Care, fundamentally changed my relationship with death & dying.

I was able to just be his daughter and walk through his final days surrounded by kind and knowledgeable staff who not only looked after my dad, but also me and our whānau whilst we said our goodbyes. After dad passed, I remember I took up a cake to the team with a donation to say thank you and that one day I would find away to give back in a more meaningful way. 16 years later..... I became the Fundraising, Communications & Marketing Manger for Hospice Whanganui, funny how life works its magic!



My 'WHY' outside of Hospice Whanganui being a vital part of our community, was initially my Dad. I wanted to help other families experience the same kind, professional and whānau supported service that we had with Dad.

Two months after starting my new job, my best friend, my soul sister of 36 years, was diagnosed with terminal cancer. Helen was a teacher by occupation and also just by being in her presence. She taught me many, many things over the years and in her final 11 months she taught me to be courageous in my mahi.

She told me to use her story whilst she was still with us, to educate our community about Hospice and how we were meeting her needs by looking after her in her home. This was a big, bold statement coming from a well-respected and loved Māori woman in our community. That story resonated on so many levels and the impact is still being felt today. Helen passed on 25th April 2022 in the Goldfinch room, in the inpatient unit. It was peaceful, it was pain free and she was surrounded by love. Exactly what she wanted for her final moments.

"I WANTED TO HELP OTHER FAMILIES EXPERIENCE THE SAME KIND, PROFESSIONAL & WHĀNAU SUPPORTED SERVICE THAT WE HAD WITH DAD"

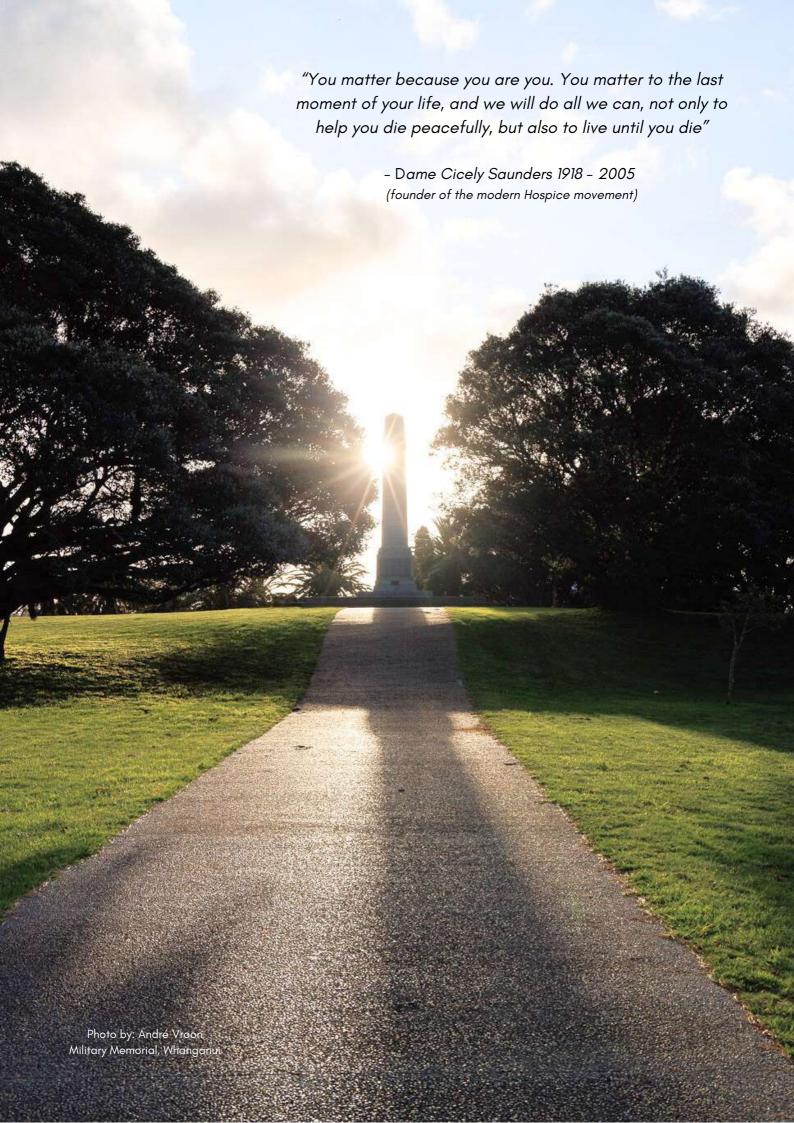
In June, after a lot of self-reflection and a grandchild moving back to Whanganui, I felt it was time to step to the side. This side step led to a new role as Retail Coordinator. This new position allows Hospice to have a dedicated person to focus on our retail aspect of the fundraising strategy.

Our three Op Shops raise an incredible amount of money every year and there is potential to generate even more income from generous donations given to our stores every day.

High value items can now be sold online on a national level, or set aside for auctions or specialised events which we can participate in.

The future will see more retail led initiatives in our community to not only raise more money but to shine a light on our three shops in a different way.

Watch this space!





#### **VOLUNTEER REPORT**

Volunteers enhance our service in so many ways by giving us one of the most valuable assets, the gift of their time. Along with their time comes skills and knowledge that adds additional value to Hospice Whanganui.

Our 120+ volunteers work in a variety of roles from volunteering for events, working in Hospice shops, gardening, reception, catering and more! Every contribution of time from our volunteers assists in raising the necessary funds to help bridge the gap with our annual shortfall.

IN THE 2021-2022 FINANCIAL YEAR **VOLUNTEERS ACROSS WHANGANUL** GAVE OVER 20,000 HOURS OF THEIR TIME!!!

It's important to recognize the efforts of these volunteers, who give so generously of their time and energy to support such an important cause. Without their help, Hospice Whanganui would not be able to provide the level of care and support that we do. So to all the volunteers who have donated their time, we say thank you! Your efforts are truly making a difference in the lives of those who need it most.

Walk into the foyer of Hospice Whanganui and it's likely your eyes will gravitate to the gorgeous collection of flowers on the front counter. The freshly cut flowers from our gardens are collected and arranged by long time volunteer Margaret who twice a week spends her time beautifying our space.

Margaret started volunteering for Hospice in 1995 after visiting at Richmond House and offering to design bouquets of flowers for the patients...25 years later and she is still with us.

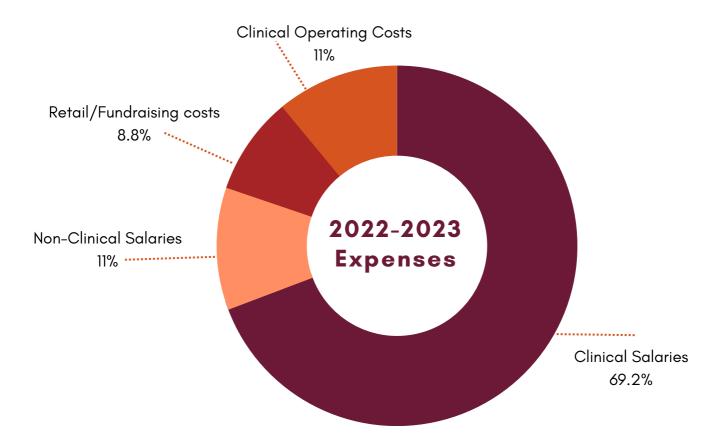
Margaret lost her father and several friends to terminal illness prior to volunteering and then sadly her husband, who also volunteered in the garden, passed away in 2014. Margaret said she finds comfort in the trees on the Hospice grounds where he worked and smiles fondly at them as she collects her flowers.

Margaret's personality is as vibrant as her flowers. The team at Hospice absolutely love having her around, she is so valued and cared for by us all.

" I'VE DONE SO MANY DIFFERENT THINGS FOR HOSPICE BUT I ALWAYS COME BACK TO THE FLOWERS, THEY JUST BRING PEOPLE HAPPINESS"

## FINANCIAL REPORT 2022-2023





#### DRAFT OF FINANCIAL REPORT FOR THE YEAR ENDED 30 JUNE 2023

The Trustees are pleased to present the draft financial report including the historical financial statements of Hospice Whanganui for year ended 30 June 2023.

The Whanganui Hospice governing document is its board's constitution and charter.

**Charites Service Registration Number: CC10352** 

Registered Office: 78 Virginia Road, Otamatea, Whanganui, New Zealand, 4500

Postal Address: PO Box 4284, Whanganui, New Zealand, 4541

#### **Board of Trustees**

K Bryant (Chair)

A Zimmerman (Deputy Chair)

D Wilson

S Brown

J Herewini

J Procter

#### **Chief Executive Officer**

Davene Vroon

#### **Independent Auditor**

Silks Audit Chartered Accountants Ltd

#### Accountant

Spooner, Hood & Redpath Ltd



## Consolidated Statement of Comprehensive Revenue & Expense

Hospice Whanganui For the year ended 30 June 2023

12	NOTES	2023	2022
Revenue from Non-Exchange Transactions			
Donation Hospice Foundation		121,000	120,00
Bequests advanced to Foundation		87	369,27
Donation Tribute		7,631	19,42
Donation Bequest		42,263	116,62
COVID-19 MSD Wage Subsidy		107	41,99
COVID-19 Leave Support Scheme		11,759	4,20
IRD Resurgence Support Payment		8	14,52
Fundraising		192,607	122,98
Donation Farming for Hospice		60,000	60,000
Grant - Operational	16	111,925	74,44
Grant - Health NZ		61,519	
Te Whatu Ora - Nursing Pay Disparity Funding		34,000	
Total Revenue from Non-Exchange Transactions		642,704	943,470
Revenue from Exchange Transactions			
Government Contract Revenue		1,817,516	1,648,90
Secondhand Shop Sales Revenue		796,458	794,54
Fundraising Income - General		1,391	95
Interest		8,204	15:
Sundry Income		2	470
Total Revenue from Exchange Transactions		2,623,569	2,445,030
Total Revenue		3,266,273	3,388,506
Expenses			
Fundraising	1	401,448	382,72
Administration	1	38,478	39,83
Clinical	1	83,228	43,595
Facility Management	1	72,129	89,985
Operating Overhead	1	162,518	145,075
Salaries & Wages	1	2,022,200	2,431,01
Total Expenses		2,780,001	3,132,227
Net Surplus before Depreciation		486,272	256,280
Depreciation			
Depreciation		77,141	82,680
Disposal Gain/Loss			3,05
Total Depreciation		77,141	85,734
Surplus/(Deficit) for the Year		409,132	170,546

This statement should be read in conjunction with the attached Notes to the Performance Report and the Audit Report.



### **Consolidated Statement of Changes In Net Assets**

#### Hospice Whanganui For the year ended 30 June 2023

	2023	2022
Equity		
Opening Balance	5,919,302	5,748,75
Increases		
Profit for the Period		
Current year earnings	409,132	170,54
Total Profit for the Period	409,132	170,546
Total Increases	409,132	170,546
Total Equity	6,328,434	5,919,302





### **Consolidated Statement of Financial Position**

#### Hospice Whanganui As at 30 June 2023

**************************************	NOTES	30 JUN 2023	30 JUN 2022
Assets			
Current Assets			
Cash and Cash Equivalents	2	743,051	297,365
Receivable from Non Exchange Transactions		95	10,000
Receivable from Exchange Transactions		162,826	160,416
Prepayments		2,510	2,334
Total Current Assets		908,387	470,115
Non-Current Assets			
Property, Plant and Equipment	6	2,379,730	2,420,351
Other non-current assets	3	3,400,995	3,400,995
Total Non-Current Assets		5,780,725	5,821,346
Total Assets		6,689,113	6,291,461
Liabilities			
Current Liabilities			
Creditors and accrued expenses			
Employee Entitlements	7	242,570	196,045
Trade and other Creditors	5	118,109	111,114
Income In Advance		3 <del>4</del>	65,000
Total Creditors and accrued expenses		360,679	372,159
Total Current Liabilities		360,679	372,159
Total Liabilities		360,679	372,159
Total Assets less Total Liabilities (Net Assets)		6,328,434	5,919,302
Accumulated Funds			
Accumulated surpluses or (deficits)		6,328,434	5,919,302
Total Accumulated Funds		6,328,434	5,919,302



#### **Statement of Cash Flows**

#### Hospice Whanganui For the year ended 30 June 2023

3 DO Market Material Company and Company a	2023	2022
Cash Flows from Operating Activities		
Receipts		
Receipts from non-exchange transactions	575,945	978,182
Receipts from exchange transactions	2,645,952	2,435,577
Total Receipts	3,221,897	3,413,759
Payments		
Payments to Suppliers	(533,115)	(800,334
Payments to Employees	(2,194,431)	(2,435,927)
Net GST	(20,350)	3,715
Total Payments	(2,747,896)	(3,232,546)
Total Cash Flows from Operating Activities	474,001	181,213
	2023	2022
Cash Flows from Investing and Financing Activities		
Receipts		
Funds Advanced from other parties		150,000
Interest Received	8,204	153
Other Income	-	470
Total Receipts	8,204	150,623
Payments	17 <b>5</b> 29162	83411045
Payments to acquire property, plant and equipment	(36,520)	(51,769)
Funds paid to other parties		(369,279)
Total Payments	(36,520)	(421,048)
Cash flows from other investing and financing activities	(28,316)	(270,425)
	2023	2022
Net Increase/(Decrease) in Cash		
Net change in Cash for period	445,685	(89,212)
Total Net Increase/(Decrease) in Cash	445,685	(89,212)
	2023	2022
	2023	2022
Cash and Cash Equivalents at 30 June 2023  Cash and Cash Equivalents at 01 July 2022	297,366	386,578
Cash and Cash Equivalents at 30 June 2023	743,050	297,366
Net Cash Movement	445,685	(89,212)



### **Notes to the Performance Report**

#### Hospice Whanganui For the year ended 30 June 2023

	2023	2022
. Analysis of Expenses		
Fundraising Expenses		
Fundraising Salaries	218,755	214,487
Fundraising Expenses	182,692	168,238
Total Fundraising Expenses	401,448	382,724
Administration Expenses		
Computer expenses	20,394	18,735
General Expenses - Admin	1,258	148
General Expenses	36	
Office Equipment	4,069	6,048
Postage & Courier	491	496
Printing & Stationery	4,153	5,546
Telephone & Internet	8,077	8,858
Total Administration Expenses	38,478	39,831
Clinical Expenses		
Course and Study - Clinical	6,218	3
Education - Workshop Expenses	174	71
Inpatient Unit Expenses	3,950	9,353
Medical Supplies	12,703	13,448
Palliative Care Partnership Expenses	39,890	94
Repairs & Maintenance - Clinical	790	2,347
Security - Clinical Staff Travel	1,362	
Subscriptions	16,872	16,338
Phone Clinical & Medical officer	1,269	2,039
Total Clinical Expenses	83,228	43,595
Facility Management Expenses		
Food & Provisions	3,426	5,949
Cleaning & Laundry	2,532	16,944
Electricity & Gas	15,378	21,594
Insurance	17,205	14,200
Insurance - Vehicle	3,038	2,809
Rates	8,918	8,891
Repairs & Maintenance	17,697	15,371
Volunteer programme Expenses	1,590	2,070
Waste Removal	2,344	2,158
Total Facility Management Expenses	72,129	89,985



	2023	202
Operating Overhead Expenses		
ACC Levies	12,376	9,88
Accountancy	7,450	6,95
Advertising	895	50
Audit	8,360	6,98
Bank Fees	1,880	1,56
Counselling	2,257	3,29
Course and Study - Other staff	1,177	
Education - Training Staff Expenses	238	
Insurance - Operating	6,067	6,05
Legal and Compliance expenses	19,857	44,90
Security	2,350	1,99
Subscriptions	20,504	21,00
Staff Expenses	4,279	1,21
Supervision	4,562	5,09
Strategic Planning	5,178	1,06
Travelling Expenses	24,267	21,29
Recruitment	31,433	4,06
RPHO Payroll	9,287	9,20
Waimarino Contract	100	
Total Operating Overhead Expenses	162,518	145,07
Salaries & Wages		
Administration	257,766	252,86
Clinical	1,502,758	2,072,09
Housekeeping	5,309	17,23
Other Wages	193,675	87,02
Holiday Pay Accruals	5,031	(65,968
Kiwisaver Hospice Expense	57,659	67,75
Total Salaries & Wages	2,022,200	2,431,01
Total Analysis of Expenses	2,780,001	3,132,22
	2023	202
Cash & Cash Equivalents		
Petty Cash	750	78
Cash at Bank	742,301	296,57
Total Cash & Cash Equivalents	743,051	297,36

Cash and cash equivalents include the above components.

Hospice Whanganui operates an overdraft facility with the Bank to the limit of \$100,000. This is secured by a registered first mortgage over property situated at 78 Virginia Road, Wanganui 4500.



	2023	2022
3. Hospice Whanganui Foundation		
Hospice Foundation - Advance	3,400,995	3,400,995
Total Hospice Whanganui Foundation	3,400,995	3,400,995

Prior to 2014 these transactions had been recorded as an expense at the date of transfer.

#### 4. Related Party Transactions

The Trust has received donations of \$121,000 from Hospice Foundation (2022: \$120,000). Two trustees of the Trust are also trustees of the Foundation. The Trust has banked and advanced to the Foundation bequests of \$- (2022: \$369,279).

Transactions with related parties during the reporting period are as follows:

	Nature of Transactions	2023	2022
Hospice Whanganui		\$	\$
Foundation	Donations Received	121,000	120,000
	Advances		52,713
	Rentals Paid	63,989	63,989
	Overdraft Cover	(50	150,000

- Trustee Sarah Brown is also a Partner of Horsley Christie Lawyers who provided services to Hospice Whanganui during the
  year \$8,361 (GST excl). (2022: \$26,601) She is also a trustee of the St Laurence's Social Services Trust Board who provided
  a grant in 2023 \$ (2022: \$nil).
- Trustee Douglas Wilson was a consultant to Spooner Hood & Redpath Ltd until 31 March 2023, who provided services to Hospice Whanganui during the year \$7,450 (GST Excl), (2022: \$6,950).
- Ex Trustee Matt Rayner was an employee of the Whanganui Regional Health Network which provides services to Hospice Whanganui during the year. He is also an Appointed Committee Member of the Te Whatu Ora which provides funding contracts to Hospice Whanganui for the year \$1,771,535 (GST Excl) with a receivable of \$141.588 (GST Excl) at year end.
- Ex Trustee Ned Tapa was an employee of Te Whatu Ora.

The Hospice Whanganui Foundation is established to assist Hospice Whanganui to provide a hospice service in Whanganui.

In meeting that objective it provides financial assistance from time to time by way of loans, grants and the leasing of property to Hospice Whanganui.

	2023	2022
5. Trade and Other Creditors		
Trade Creditors	92,581	84,640
GST	25,528	26,474
Total Trade and Other Creditors	118,109	111,114



#### 6. Property, Plant & Equipment

2023	Opening	Additions	Disposals	Depn for	Accum	Total
	Cost			Year	Depn	
Land	97,778	la.	(5)		(2)	97,778
Land Improvements	171,759			(5,678)	(29,821)	136,260
Buildings	2,360,271	8	*	(23,796)	(351,979)	1,984,496
Leasehold Improvements	9,859	2	-	(567)	(4,097)	5,194
Motor Vehicles	208,127	82	(27)	(7,655)	(173,166)	27,305
Computer Software & Equipment	146,302	12,750	(*)	(17,983)	(101,971)	39,099
Plant & Equipment	173,643	9,133	4	(11,032)	(130,724)	41,020
Medical Equipment	63,873	8,083	(*X	(3,930)	(49,427)	18,599
Office Equipment	55,363	1,797		(4,521)	(30,001)	22,638
Shop Assets	7,767	4,757		(1,682)	(4,403)	6,438
Innovation Project	5,198		7	(297)	(3,998)	903
	3,299,940	36,520	A.23.	(77,141)	(879,588)	2,379,730

2022	Opening	Additions	Disposals	Depn for	Accum	Total
	Cost			Year	Depn	
Land	97,778	-	-	*	*	97,778
Land Improvements	171,759			(5,914)	(23,907)	141,938
Buildings	2,360,271	-	-	(23,808)	(328,171)	2,008,292
Leasehold Improvements	9,859		ā	(630)	(3,468)	5,761
Motor Vehicles	208,127			(10,001)	(163,165)	34,961
Computer Software & Equipment	136,026	48,056	(37,780)	(18,369)	(83,602)	44,331
Plant & Equipment	183,988	6,552	(16,898)	(13,848)	(116,876)	42,919
Medical Equipment	71,790		(7,917)	(4,178)	(45,249)	14,446
Office Equipment	59,177	2,098	(5,912)	(4,684)	(25,319)	25,361
Shop Assets	8,720	536	(1,489)	(855)	(3,549)	3,363
Innovation Project	8,173	-	(2,975)	(394)	(3,604)	1,200
	3,315,667	57,243	(72,971)	(82,681)	(796,910)	2,420,349



	2023	2022
7. Employee Entitlements		
PAYE Payable	57,062	27,497
Wages Accrued	30,888	18,960
Holiday Pay Accrual	154,620	149,588
Total Employee Entitlements	242,570	196,045

#### 8. Key Management Personnel

The key management personnel, as defined by PBE IPSAS 20 Related Party Disclosures, are the members of the Board of Trustees, Chief Executive, Integrated Services Director, Medical Specialist, Fundraising Manager, Financial Officer, Nurse Leaders, Social Worker, Partnership Coordinator, and Executive Assistant. Note, in 2022 there were 6 categories disclosed, while for 2023 there are 10, with some variations in managers. No remuneration is paid to members of the Board of Trustees. The aggregate remuneration of key management personnel and the number of individuals, determined on a full-time equivalent basis, receiving remuneration is as follows:

	2023	2022	
Total remuneration	\$792,817	\$842,456	
Number of persons (FTE)	8	7.7	

#### 9. Operating Lease Commitments

	2023 \$	2022 \$
No later than one year	\$4,069	\$4,069
Later than one year & no later than five years	\$1,017	\$4,747
	\$5,086	\$8,816

Payments on operating lease agreements, where the lessor retains substantially the risk and rewards of ownership of an asset, are recognised as an expense on a straight-line basis over the lease term.

The Trust leases the property at 74 Duncan Street, from Hospice Whanganui Foundation for an annual rental of \$26,008 plus GST. There is no formal lease agreement in place for the property at 74 Duncan Street.

The Trust leases the property at 71 Tawa Street, Whanganui from Hospice Whanganui Foundation for an annual rental of \$34,080 Incl GST. The lease commenced on 1 August 2008 and is for 9 years with rental reviewable every 3 years or in the event that the landlord incurs capital expenditure or maintenance or sells vacant land forming part of the property. Currently there is no formal lease agreement in place for the property at 71 Tawa Street, Whanganui.

The Trust leased the property at 171 Victoria Avenue from Claudio Petronelli for a monthly rental of \$2,600. From 14 October 2020 there is an agreement for the lease to be extended for a further year under the same terms and conditions of the existing contract, with the monthly rent to increase to \$2,783.33 (GST Incl) from 01 November 2020 with a termination notice period of 3 Months, by either party.



#### 10. Categories of Financial Assets and Liabilities

The carrying amounts of financial instruments presented in the statement of financial position relate to the following categories of assets and liabilities:

	2023	2022
Financial assets		
Loans and receivables		
Cash and cash equivalents	743,051	297,365
Receivables from exchange transactions	162,826	160,416
Receivables from non-exchange transactions		10,000
Prepayments	2,510	2,334
Total Loans and receivables	908,387	470,115
Total Financial assets	908,387	470,115
	2023	2022
Financial assets at fair value through surplus or deficit  Advance – Hospice Whanganui Foundation	3,400,995	3,400,995
Total Financial assets at fair value through surplus or deficit	3,400,995	3,400,995
Financial liabilities	2023	2022
At amortised cost		
Trade and other creditors	118,109	111,114
Employee entitlements	242,570	196,045
Income in advance	12 · · · · · · · · · · · · · · · · · · ·	65,000
Total At amortised cost	360,679	372,159

#### 11. Capital Commitments

There are no capital commitments at the reporting date (2022: \$Nil).

#### 12. Credit Card

The Trust operates a credit card facility with the Bank, the limit is set at \$5,000 and as at Balance Date the balance owing is \$1076.15 (2022: \$2,203.31).

The Trust also operates a Prepaid Corporate Card with the bank, the limit is \$300.00 and as at Balance date the balance owing is \$182.73 (2022:\$103.56)

#### 13. Contingent Assets and Liabilities

There are no Contingent Assets and Liabilities at the reporting date (2022: \$Nil).

#### 14. Income In Advance

There is no Income in advance at the reporting date (2022: \$65,000)



#### 15. Events After the Balance Date

The Board of Trustees and management are not aware of any other matters or circumstances since the end of the reporting period, not otherwise dealt with in these financial statements that have significantly or may significantly affect the operations of Hospice Whanganui. (2022: \$Nil).

#### 16. Schedule of Grants

	2023	2022 \$	
	\$		
Four Regions Trust	10,000	10,000	
Hospice NZ	0-	3,196	
JBS Dudding Charitable Trust		5,000	
NZ Lottery Grants Board	25,000	30,000	
St Laurence's Social Services Trust Board	1,500	-	
The Lion Foundation	20,000	7.	
Whanganui Branch ECANZ	10,425	2	
Whanganui Community Foundation	40,000	26,250	
Whanganui District Council Community Contract	5,000	-	
	\$111,925	\$74,446	



#### VISIT US

Kowhainui Drive 78 Virginia Road Whanganui 4500 New Zealand

#### CONTACT US

Freephone: 0800 68 33 68 Phone: 06 349 0080

Email: adminehospicewhanganui.org.nz

#### FOLLOW US

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