

2020 EDUCATION PROGRAMME

*Promoting personal and
professional growth in
palliative care*



Purpose

We believe that Hospice care should be available to anyone who needs it, so that they can make the most of life. A quality of life with comfort and feelings of safety and security, at a time when things are uncertain, is important to us.

Values

- ▶ **Leading** in specialist palliative care and in enabling others.
- ▶ **Balancing** patients first with looking after ourselves and each other.
- ▶ **Professional** in all we do.
- ▶ **Respectful** in all our dealings.
- ▶ **Valuing** of the whole person.
- ▶ **Active** in quality and caring.
- ▶ **Connected** with our peers, with our community, with other providers.

Please Note:

All Hospice Whanganui sites are completely smoke-free and vape-free.

EDUCATION REGISTRATION FORM 2020

(Please complete a separate registration form for each course you wish to attend)

Course name: _____

Course date/s: _____

Course fee: \$ _____

Payment method (please tick preferred option):

- Cash
- Cheque payable to Hospice Whanganui
- Direct credit ***Westpac** 03 0791 0571167 00 / Hospice Whanganui
- Invoice (Individual)
- Invoice (Organisation)

First Name: _____

Surname: _____

Address: _____

Telephone: _____ Cellphone: _____

E-mail: Home: _____

Work: _____

Current place of work: _____

Position held: _____

***If you wish to pay by direct credit** please make sure you include your name and course you are attending in the reference fields.

Please post to: Education Facilitator
Hospice Whanganui
PO Box 4284

REGISTRATION

*There are limited numbers for all education sessions so
registration is essential*

How to register:

- Fill out the registration form in this booklet (photocopy as required)
- Fax, post or e-mail registration form to:

Education Facilitator
Hospice Whanganui
PO Box 4284,
Whanganui 4540

Fax: 06 349 2690
E-mail: alisonb@hospicewanganui.org.nz
Phone: Alison 06 349 0080 extn 227

COURSE FEE PAYMENT DETAILS

Payment can be made when registering or as an alternative, we can invoice you or your organisation for payment after the course.

Please make cheques payable to Hospice Whanganui.

Direct Credit details: Westpac 03 0791 0571167 00
Ref eg: J Blogs Syringe W/shop

Study sessions are free for all Hospice Whanganui staff.

Car parking may be limited at Hospice Whanganui, so please be considerate of our patients and their visitors.

Sharing our knowledge

The education service provided by Hospice Whanganui for our community is varied as we endeavour to meet the learning needs of health professionals, as well as patients and their families. This training and education is organised and co-ordinated by Alison Buchan, with other Hospice staff contributing toward content delivery to ensure it is always of the highest standard.

Health professionals (workers) can access palliative care education in various ways. Regular national teleconferences linking our Hospice with others throughout the country, occur on a monthly basis and are open to all health professionals.

Other courses available to health professionals include our palliative care study days, the 'Fundamentals of Palliative Care' programme which aims to introduce all staff, registered and unregistered including administration and support staff, to the principles of palliative care. A clinical skills workshop and syringe driver competency session are also part of our education programme.

The education provided aims to support the wider concepts of palliative care encompassing the whole person. It is not just their taha tihana/physical health but also their taha wairua/spiritual health, taha hinengaro/mental health and taha whanau/family health too. Family and whanau support is available both before and after a death.

A variety of study groups and classes are scheduled throughout the year and information about those sessions are in this booklet and also on our website hospicewanganui.org.nz.

PALLIATIVE CARE FOR CAREGIVERS

(Endorsed by Hospice NZ)

Venue: Hospice Whanganui

This course is designed to support caregivers/home support workers in all settings - home care, aged residential care and hospital care, to deliver improved palliative care to their patients by enhancing their knowledge and understanding of palliative care. The course is only for caregivers and it values the contribution they make to people, family and whanau care.

This course is delivered over two morning sessions. Topics include:

- Principles of palliative care
- Understanding pain and other common symptoms
- Communicating with and supporting the dying person, their family and whanau
- Caring for dying residents in the last days of life
- Understanding loss and grief

Cost: Free

Dates: Tuesday 12 May 8.30am - 12.30pm

Tuesday 26 May 8.30am - 12.30pm

Registration is essential
(Registration Form on back page)

WORKING WITH LOSS AND GRIEF

Venue: Hospice Whanganui

For health professionals working with people experiencing issues with grief and loss.

People face loss and grief situations throughout their lives, in many different ways. Towards the end of life these losses become intensified. This session will explore current grief theory and relate it to the situations that patients and family members find themselves in.

Having a good understanding of loss and grief concepts enables those working in the health field to provide better assistance to patients and family members who are struggling with these issues.

Date: Wednesday 17 June

Time: 10.00am-12.00pm

Cost: \$20.00

Registration is essential
(Registration Form on back page)

CANCER RESEARCH TRUST PALLIATIVE CARE LECTURE SERIES

Venue: Hospice Whanganui

The Cancer Research Trust Palliative Care Lecture Series is hosted by hospices throughout New Zealand. The lectures are delivered via teleconference with a PowerPoint presentation that the speaker takes participants through. This education opportunity is designed to suit the needs of a multidisciplinary audience with an interest in palliative care.

National and international speakers cover a range of topics relevant to palliative care including:

- Symptom management
- Psychosocial and spiritual care
- Cultural care
- Community and palliative care
- Upcoming challenges and innovations

The lectures are held on the **first Thursday of each month** from March through to December, 7.30-8.30am.

Note: The session for February will be on Wednesday 5th (Thursday is Waitangi Day).

For a full schedule of speakers and topics see : www.hospice.org.nz

Cost: Free

No registration is required
Light breakfast available
All welcome

PALLIATIVE CARE STUDY DAY

Venue: Hospice Whanganui

This study day is for health care professionals with a particular interest in caring for patients with palliative care needs and work in areas that place particular emphasis on end of life issues/palliative care.

Its aim is to increase the knowledge and confidence of attendees on palliative care practice and improving end of life care for people and their families/whanau who are living with a life limiting illness.

The study days are palliative care focused with sessions being delivered from a variety of speakers and specialties. Programme agenda is available two months prior to each study day, covering topics including:

- Symptom management
- Professional standards in a palliative context
- Palliative care focused multicultural awareness

Each study day offers attendees the opportunity to suggest future topics.

Cost: \$20.00 (includes brunch)

Dates: Wednesday 6 May
Thursday 5 November

Time: 9.00am - 1.30pm

Registration is essential
(Registration Form on back page)

FUNDAMENTALS OF PALLIATIVE CARE

(Endorsed by Hospice NZ)

Venue: Hospice Whanganui

The Hospice New Zealand Fundamentals of Palliative Care is a multidisciplinary education resource aimed at supporting and educating all health professionals who are working with patients and families/whanau requiring a palliative approach. There are ten modules which are delivered over two days.

The modules are:

- Essence of palliative care
- Ethical issues in palliative care
- Introduction to spiritual care
- Communication skills
- Palliative care for people with a chronic illness
- Palliative care for people with dementia
- Pain and symptom management including pharmacology (the pharmacology session is optional)
- Last days of life
- Grief and loss
- Caring for ourselves

Cost: \$40.00 for the two day workshop (includes morning tea)

Wednesday 14 October 9.00am - 2.30pm

Wednesday 28 October 9.00am - 2.15pm

For outline of programme, please contact Alison Buchan
E-mail: alisonb@hospicewanganui.org.nz
Phone: 349 0080 ext 227

Registration is essential

so resources can be delivered prior to the sessions.
(Registration Form on back page)

SYRINGE DRIVER COMPETENCY

(Endorsed by Hospice NZ)

Venue: Hospice Whanganui

The aim of this workshop is to assist registered nurses to obtain the theoretical and practical knowledge and skills required to manage syringe drivers in their place of practice and for enrolled nurses to be competent in checking.

Annual updates are recommended to maintain knowledge, skill and competency in the use of the syringe driver and medication management.

The competency consists of a 2-hour workshop of which 1.5 hour is tutorial based learning and then 1/2 hour is hands-on learning with a NIKI T34 syringe driver.

Workshop 1 - Monday 23 March 10.00am-12.00pm

Workshop 2 - Monday 18 May 10.00am-12.00pm

Workshop 3 - Tuesday 14 July 10.00am-12.00pm

Workshop 4 - Monday 14 September 10.00am-12.00pm

Workshop 5 - Tuesday 10 November 10.00am-12.00pm

Cost: \$20.00

Registration is essential

so resources can be delivered prior to the sessions.
(Registration Form on back page)